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| |  | | --- | | Text  Description automatically generated | | Hi Covid Champions,  We would like to sincerely thank you for all of your support and help since the start of Covid champions – every one of you has helped to spread the facts and keep communities safer. We are truly grateful for your time and effort in forwarding the messages to your respective communities each week.  A few months ago, we sent out a survey to ask how you would feel about becoming a health champion as we move our covid champion programme to its next stage. It means that if you choose to continue to be an overall health champion, you would receive important messages from some of our key health campaigns each week that you could share within your communities. Although coronavirus is very much still here, and will continue to play a part in our community messaging, we also want to take this opportunity to share other aspects of our health campaigns within the newsletter to encourage staying healthy and living well. **If you do not wish to become a health champion please can you let us know so that we can take you off the mailing list.**  We have included some of the upcoming important changes to testing and vaccinations in this week’s newsletter and will be looking to include more varied health content in the upcoming weeks.  **Spring booster**  People aged 75 years and over and those aged 12 years and over with a weakened immune system are being offered the spring booster.  The NHS is contacting those who are eligible, six months after their last dose - and people should wait until they are invited. Priority will be given to people with the greatest clinical need, starting with those who have had the longest gap since their last dose, and then inviting others who have waited less time. Everyone who is eligible will be offered a top up vaccine over the spring and early summer.  **Vaccination to be offered to 5-11 year olds**  From Saturday 2 April, all children aged 5-11 years old with no underlying health conditions will be eligible to receive their first vaccination.  Parents and guardians can book a vaccination appointment for their child using the [National Booking System](https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/) or from Monday 4 April, selected walk-in clinics will also be offering appointments.  Previously, covid vaccination for 5-11 year olds had been limited to children who are clinically extremely vulnerable or immunosuppressed. However, it is now recommended that the vaccination is offered to boost immunity for young children to increase their protection against any future waves of covid.  Read the full story [online](https://www.leicestercityccg.nhs.uk/news/ccg-news/covid-vaccination-opens-to-all-5-11-year-olds/) or [access advice and guidance](https://www.gov.uk/government/publications/covid-19-vaccination-resources-for-children-aged-5-to-11-years) for parents and guardians thinking about vaccination for their 5-11 year old on GOV.UK.  **End of free testing**  Universal free testing for COVID-19 ended on 31 March 2022 and free testing services have closed at:   * Pharmacies * Community collection points such as libraries * Test sites * Schools, nurseries and universities   From 1 April, you can only order tests online if you are eligible.  In England, you can order tests if:   * you have a [health condition which means you're eligible for COVID-19 treatments](https://www.gov.uk/government/publications/covid-19-guidance-for-people-whose-immune-system-means-they-are-at-higher-risk/covid-19-guidance-for-people-whose-immune-system-means-they-are-at-higher-risk) * your doctor or healthcare professional has told you to get a test because you're being admitted to hospital * you've spoken to your GP or healthcare professional recently and they asked you to get a test   You can also order tests if:   * you work for the NHS in a patient-facing role, and you're taking part in the NHS staff testing programme * you work for an NHS-commissioned independent healthcare provider in a patient-facing role looking after NHS patients * you work for the NHS and you have one of the [3 main COVID-19 symptoms](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/) or you have recently tested positive and need to take a test to return to work * you work in the [adult social care sector as a personal assistant, a Shared Lives carer, a Care Quality Commission (CQC) inspector or a social worker](https://www.gov.uk/government/publications/coronavirus-covid-19-testing-for-adult-social-care-settings)   New national artwork has been released today to explain the continued provision of testing for ‘at-risk’ groups. Please see attached the assets that are suitable to be shared on social media channels, particularly suited to Instagram and Whatsapp.  You can find out more about [getting tested for coronavirus and ordering tests on the NHS website](https://www.nhs.uk/conditions/coronavirus-covid-19/testing/get-tested-for-coronavirus/).  **Vaccination clinics**  The vaccine remains to be the most effective way to protect yourself and others against coronavirus. It’s not too late to have any of the vaccines – dose 1, dose 2, dose 3 or booster. You are able to do so at many vaccination clinics across the county.  For the full latest clinic information and opening times please visit <https://www.leicestercityccg.nhs.uk/my-health/coronavirus-advice/coronavirus-vaccine/>  There is also a short link which can be used in social media which directs viewers to  the same page -  bit.ly/LLRVacBook  Please let me know if you have any queries or requests.    Kind regards,    Covid Health Champions – Leicestershire County Council | |  | |